

# October 2017

## Joseph Demello School

This Institution is an equal opportunity server



**Breakfast \$1.25 Lunch \$2.75 Milk .60, dessert .75**

**MILK served with all meals**

Online Payments at "myschoolbucks.com"

Please let us know if you have any allergies



**Breakfast: cereal, English muffins, bagel, egg & Cheese sandwich, WG toast, fruit and/or juice, milk**

**Alternate lunch: Chicken Patty Sandwich, Sunbutter Sandwich, Tuna Roll or Salad w/ Cheese & Croutons**



### Monday

Meatball Sub  
Mozzarella Cheese  
Mixed Greens Salad  
Dressing Choices  
Fruit

2

### Tuesday

Taco with Seasoned Beef  
Lettuce, Cheese and Salsa  
Mexican Rice  
Green Beans  
Fruit

3

### Wednesday

Chicken Nuggets  
BBQ Sauce  
Sweet Potatoes  
Bread  
Fruit  
No Chicken Patties Today

4

### Thursday

Domino's Pizza  
Three Bean Salad  
Fruit

5

### Friday

Hamburger or Cheeseburger  
on a Roll  
Oven Fries  
Fruit

6

Columbus Day  
  
No School

9

Mozzarella Cheese Sticks  
Marinara Sauce  
Mixed Greens Salad  
Dressing Choices  
Bread  
Fruit

10

Deli Sandwich Choices  
Fresh Veggie Tray  
Fruit  
Early Release Day  
No Chicken Patties Today  
Early Release Day

11

Chicken Fajita Wrap  
Shredded Lettuce, Cheese  
Rice Pilaf  
Carrots  
Fruit

12

Cheese Pizza  
Three Bean Salad  
Fruit

13

Mandarin Chicken  
Asian Rice  
Broccoli  
Fruit

16

Chicken Soup  
Ham and Cheese on a Roll  
Lettuce and Tomatoes  
Fruit

17

Pancakes with Syrup  
Sausage  
Hash Brown Patty  
Cinnamon Apples

18

Domino's Pizza  
Carrot Sticks  
Celery Sticks  
Fruit

19

Grilled Cheese Sandwich  
Chili with Beans  
Fruit

20

Hot Dog on a Roll  
Baked Beans  
Fruit

23

Teriyaki Chicken Dippers  
Seasoned Rice  
Carrots  
Fruit

24

Pasta with Meat Sauce  
Garlic Bread  
Green Beans  
Fruit

25

French Toast with Syrup  
Sausage  
Hash Brown Patty  
Blueberries

26

Cheese Pizza  
Steamed Broccoli  
Fruit

27

Hamburger or Cheeseburger  
on a Roll  
Mixed Greens Salad  
Dressing Choices  
Fruit

30

Haunted Chicken Nugget  
Goblin's BBQ Sauce  
Witches Seasoned Rice  
Spooky Carrots  
Spellbound Fruit

31

