

# September 2016

George H Potter

This institution is an equal opportunity server

LUNCH



**Breakfast \$1.25 Lunch**

**MILK served with all meals**

Online Payments at "myschoolbucks.com"

Please let us know if your child has any food Allergies



**Breakfast: Hot Oatmeal, Cereal, English muffins, bagel, egg & Cheese sandwich, WG toast, fruit**  
**Alternate lunch: Chicken Patty Sandwich, Sunbutter Sandwich. Tuna Roll or Salad with Cheese**



Monday

Tuesday

Wednesday

Thursday

Friday



5  
 Labor Day  
 No School

6  
 Chicken Nuggets  
 Dipping Sauce  
 Mashed Potatoes  
 Bread  
 Fruit

7  
 Hamburger or  
 Cheeseburger on a Roll  
 Carrots  
 Fruit

1  
 Cheese Pizza  
 Veggie Choices  
 Fruit

2  
 Hot Dog on a Roll  
 Oven Fries  
 Fruit

12  
 General Tso's Chicken  
 Seasoned Rice  
 Peas  
 Fruit

13  
 Taco with  
 Seasoned Meat  
 Lettuce, Salsa, Cheese  
 Refried Beans  
 Fruit

14  
 Sandwich Choices  
 Mixed Greens Salad  
 Dressing Choices  
 Fruit  
 Early Release Day  
 No Chicken Patties Today

15  
 Cheese Pizza  
 Carrots  
 Fruit

16  
 Fun Fish Nuggets  
 Mashed Potatoes  
 Bread  
 Fruit

19  
 Meatball Sub  
 Mozzarella Cheese  
 Green Beans  
 Fruit

20  
 Steak Um and Cheese o  
 a Roll  
 Mixed Greens Salad  
 Dressing Choices  
 Fruit

21  
 Waffles or French Toast  
 with Syrup  
 Ham roll up  
 Hash Brown Patty  
 Fruit

22  
 Domino's Pizza  
 Three Bean Salad  
 Fruit

23  
 Shepherd's Pie with Mas  
 Potatoes and Corn  
 Brown Gravy  
 Carrots  
 Bread Fruit

26  
 Chicken Parmesan  
 Seasoned Pasta  
 Steamed Broccoli  
 Fruit

27  
 Mozzarella Cheese  
 Sticks w/marinara  
 Sauce  
 Oven Baked Beans  
 Bread  
 Fruit

28  
 Chicken Soup  
 Sandwich Choices  
 Carrots  
 Fruit

29  
 Cheese Pizza  
 Veggie Choices  
 Fruit

30  
 Hamburger  
 or Cheeseburger on a Roll  
 Sweet Kernel Corn  
 Fruit