

October 2016

Dartmouth High School

This institution is an equal opportunity server.

LUNCH



Breakfast: \$1.25 Lunch: \$3.00
Milk served with all meals
Online Payment at: "myschoolbuck.com"
Please let us know if you have any allergies



Breakfast served everyday: Cereal, English muffin, bagel, toast, fruit and/or juice, milk
Salad Bar Everyday
Alternate Lunch: Monday & Thursday: Chicken Patty
Tuesday: Cheeseburger Wednesday: Pizza Friday: Quesadilla



Monday

Chicken Teriyaki **3**
Dippers
Mashed Potatoes w/gravy
Corn
Bread, Fruit

Tuesday

Spaghetti w/meat Sa **4**
Steamed Broccoli
Bead
Fruit

Wednesday

Hot Ham & Cheese **5**
Grinder
Oven Fries
Carrots
Fruit

Thursday

BBQ Spare Rib Sandw **6**
Brown Rice
Mixed Vegetables
Fruit

Friday

Cheese Quesadilla **7**
Romaine Salad
Baked Beans
Fruit

COLUMBUS DAY **10**
NO SCHOOL

Chicken Tenders **11**
Mashed Potatoes w/gravy
Corn
Bread
Fruit

EARLY **12**
RELEASE
DAY

Meatball Grinder **13**
Sweet Potato Fries
Baked Beans
Fruit

Pepperoni Pizza Sticks **14**
Green Leaf Salad
Black Bean Salad
Fruit

Domino's Pizza Day **17**
Garden Pasta Salad
Carrot Sticks
Fruit

Turkey BLT's on a Ro **18**
Cole Slaw
Baked Chips
Fruit

Chicken Fajitas **19**
w/peppers & onions
Baked Beans
Brown Rice
Fruit

French Meat Pie **20**
Mashed Potatoes w/gravy
Peas
Bread
Fruit

Grilled Cheese Sandw **21**
Potato Puffs
Broccoli Salad
Fruit

Chicken Fryz **24**
Mashed Potatoes w/gray
Corn
Bread
Fruit

Chili w/beans **25**
Cheeseburger on a Bun
Sliced Tomatoes
Fruit

Buffalo Chicken **26**
Macaroni & Cheese
Green Beans
Bread
Fruit

Chicken Parmesan **27**
on a Roll
Arugula Salad
Carrots
Fruit

Mozzarella Cheese Sti **28**
w/marinara Sauce
Pita Wedges
Baked Beans
Fruit

Domino's Pizza Day **31**
Pasta Salad
Veggie Sticks
Fruit

