

October 2016

Joseph DeMello School

This institution is an equal opportunity server

LUNCH



Breakfast \$1.25 Lunch \$2.75

MILK served with all meals

Online Payments at "myschoolbucks.com"

Please let us know if you have any allergies



Breakfast served everyday: Cereal, English muffins, toast, fruit /or juice, milk

Alternate Lunch: Sunbutter Sandwich, Tuna Roll, Salad with Cheese. or chicken pattv



Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Teriyaki Dipp **3**
Steamed Broccoli
Bread
Fruit

Macaroni & Cheese **4**
Mixed Vegetable
Bread
Fruit

Chicken Soup **5**
Grilled Cheese Sandwich
Carrots
Fruit

Domino's Pizza **6**
Three Bean Salad
Fruit

Hot Dog on a Roll **7**
Sweet Potatoes
Fruit

No School **10**
Columbus Day

Chicken ala King **11**
Rice
Peas & Carrots
Bread
Fruit

Hamburger or
Cheeseburger **12**
On a Roll
Baked Beans
Carrots
Fruit **RELEASE DAY**

Chicken Nuggets **13**
Sweet Potatoes
Sweet KERNEL CORN
Bread
Fruit

Cheese Pizza **14**
Mixed Greens Salad
Dressing Choices
Fruit

Sliced Turkey Wrap **17**
Carrots
Spinach
Fruit

Shepherd's Pie with **18**
Mashed Potatoes and Corn
Bread
Peas
Fruit

Pancakes with Syrup **19**
Sausage
Hash Brown Patty
Fruit

Domino's Pizza **20**
Three Bean Salad
Fruit

Fun Fish Nuggets **21**
Sweet Kernel Corn
Bread
Fruit

Mozzarella Cheese St **24**
Marinara Dipping Sauce
Oven Baked Beans
Bread
Fruit

Chicken Soup **25**
Grilled Cheese Sandwich
Carrots
Fruit

Cheese Pizza **26**
Veggie Choices
Fruit

Hamburger or **27**
Cheeseburger on a Roll
Peas and Carrots
Fruit

Meatball Sub **28**
Mozzarella Cheese
Mixed Greens Salad
Dressing Choices
Fruit

Spooky Chicken Nugg **31**
Monster Mashed Potatoes
Creepy Peas
Batty Bread
Frightful Fruit

