

# September 2016

Joseph DeMello

This Institution is an equal opportunity server

LUNCH



**Breakfast \$1.25 Lunch \$2.50**

**MILK served with all meals**

**Online Payments at "myschoolbucks.com"**

**Please let us know if your child has any food Allergies**



Breakfast: cereal, muffins, toast, fruit/or juice, milk

Alternate lunch: Sunbutter Sandwich, Tuna Roll, Salad w/cheese, or chicken nuggets



Monday

Tuesday

Wednesday

Thursday

Friday



1  
Cheese Pizza  
Veggie Choices  
Fruit

2  
Hot Dog on a Roll  
Oven Fries  
Fruit

5  
Labor Day  
No School

6  
Chicken Nuggets  
Dipping Sauce  
Mashed Potatoes  
Bread  
Fruit

7  
Hamburger or  
Cheeseburger on a Roll  
Carrots  
Fruit

8  
Domino's Pizza  
Veggie Choices  
Spinach  
Fruit

9  
Teriyaki Chicken Dippers  
Seasoned Rice  
Oven Baked Beans  
Fruit

12  
Tangerine Chicken  
Seasoned Rice  
Peas  
Fruit

13  
Taco with  
Seasoned Meat  
Lettuce, Salsa, Cheese  
Refried Beans  
Fruit

14  
Assorted Deli Sandwiche  
Mixed Greens Salad  
Dressing Choices  
Fruit  
Early Release Day

15  
Cheese Pizza  
Sweet Potato  
Fruit

16  
Fun Fish Nuggets  
Mashed Potatoes  
Bread  
Fruit

19  
Meatball Sub  
Mozzarella Cheese  
Green Beans  
Fruit

20  
Nacho's w/seasoned Me  
Cheese, Lettuce, Salsa  
Cucumber Slices  
Fruit

21  
Pancakes with Syrup  
Sausage  
Hash Brown Patty  
Fruit

22  
Domino's Pizza  
Three Bean Salad  
Fruit

23  
Shepherd's Pie with Mas  
Potatoes and Corn  
Brown Gravy  
Carrots  
Bread Fruit

26  
Chicken Parmesan  
Seasoned Pasta  
Steamed Broccoli  
Fruit

27  
Mozzarella Cheese  
Sticks w/marinara  
Sauce  
Oven Baked Beans  
Bread  
Fruit

28  
Chicken Soup  
Sandwich Choices  
Carrots  
Fruit

29  
Cheese Pizza  
Veggie Choices  
Fruit

30  
Hamburger  
or Cheeseburger on a Roll  
Sweet Potato  
Fruit