

HEALTHY DARTMOUTH PRESENTS: 2016-2017 Community Presentations

We are asking that everyone who attends our events this year, kindly bring a canned good, small toy or a gift card to help the less fortunate families in our community.

Healthy Dartmouth brings together various local organizations to share thoughts and ideas about how to foster a better community.



Dartmouth Public Schools and Superintendent, Dr. Bonny Gifford have partnered with the Youth Commission, the Police Department, Bishop Stang and SADD students to bring the community a year-long calendar of events and presentations to bring awareness to the needs in our community.

If you have any questions, please contact Jennifer Cabral at the Youth Advocate's office.
508-951-9551

September 17, 2016: Hidden in Plain Sight.

Hosted by: District Attorney's Office and Dartmouth Youth Advocate

This program teaches adults how to: identify signs, potential hiding places, and items that may point to risky behavior; illustrate drug types, drug paraphernalia, and how drugs are used and why; and access available resources and what to do if risky behavior is suspected. This event is for adults only. Location: Old Navy, Dartmouth Mall from 10am-7pm

September 25, 2016: UMASS Dartmouth Recovery Walk.

Hosted by: UMASS Dartmouth Nursing Student, Callie Nunez

Join us as we "walk" towards bringing awareness to the impact that substance abuse has on our community. There will be speakers, resource tables, raffles and more. This event is open to everyone. Location: UMASS Dartmouth Campus Track from 12-3pm

September 26, 2016: Parent Presentation by Chris Herren.

Hosted by the Healthy Dartmouth Committee and Dartmouth Public Schools

Originally from Fall River, Chris played for the Boston Celtics while struggling with a Heroin addiction. Chris travels all over the country to speak to parents and students about his battle with addiction. This event is for adults only. Location: Dartmouth High School Auditorium at 7pm

October 3, 2016: Keeping Your Teens Safe

Hosted by Youth Advocate, Jennifer Cabral, LMHC

Join us tonight to learn about the signs and symptoms of teenage depression and what steps you can take if you are concerned about a child. A short video will be shown followed by a discussion. This event is for adults only. Location: Dartmouth High School Auditorium from 6-8pm

November 7, 2016: Social Media and Youth

Hosted by Dartmouth PD: R. Pacheco and D. Tavares And SADD

We have the world at our fingertip. We can look things up, get directions, and stay connected to friends and family with just a few clicks. With this access come potential dangers. Join us tonight as we talk about how to keep your child safe. This event is open to adults and students. Location: Dartmouth Middle School from 6-8pm

There will be no presentation for December as we recognize that this is a busy month. Healthy Dartmouth wishes everyone a happy and healthy holiday.

Please see the back side for the winter and spring calendar of events.

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Please like us on facebook so you can see what we are doing as well as receive updated information on any changes to the schedule. (Dartmouth Youth Commission, Dartmouth Public Schools and Dartmouth Police Department) Also, check out the town of Dartmouth website (youth Commission and youth advocate) and Dartmouth Public schools.

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January 9, 2017: Hidden in Plain Sight

Hosted by: District Attorney, Youth Advocate and Public Health Director

This program teaches adults how to: identify signs, potential hiding places, and items that may point to risky behavior; illustrate drug types, drug paraphernalia, and how drugs are used and why. We will gather afterwards to have discussion about substance use and youth. We will have will resources available. This is for adults only. Location: Dartmouth High School from 6-8pm

February 6, 2017: The Impacts of Stress and Anxiety on Youth

Hosted by: Healthy Dartmouth and SADD

High levels of stress if left untreated can lead to anxiety, depression, self-harm, suicide and the use alcohol and other drugs to cope. Join us tonight as we discuss what causes youth to feel stressed, what can we do as a community to support them as well as learn techniques to help reduce stress and anxiety. Resources will be available. This event is open to adults and students. Location: Dartmouth High School from 6-8pm

March 6, 2017: Drinking, Texting and Distracted Driving and Teens.

Hosted by: Dartmouth PD, Bishop Stang High School and SADD.

With proms, graduations, celebrations and warmer weather right around the corner teens are at a greater risk of becoming injured in automobile accidents. Join us tonight as we discuss these concerns as well as what we can do to protect the safety of our young drivers. This event is open to adult and students.

Location: Bishop Stang High School from 6-8pm

April 3, 2017: Fighting the Stigma

Hosted by: COPE Coalition and SADD

Come out and hear from our COPE (Community Offering Prevention and Education) coalition about what we are doing in the community to address the issues of substance use and mental health.

Location: TBA

May 1, 2017: How to Raise Kind, Confident and Capable Kids

Hosted by: Healthy Dartmouth, Youth Advocate and SADD

Teaching empathy has not only been proven to make kids more emotionally and socially competent and greatly reduce bullying, it can also help them be more successful and high-functioning adults in the future. Let's start a movement in Dartmouth to create a more kind and caring environment.

Location: Dartmouth High School from 6-8pm